

A day for all to take that extra time to reach out and share some kindness. Please consider how you can contribute.

To help share messages of care and kindness we have created two useful activities

## A CARD FULL OF KINDNESS

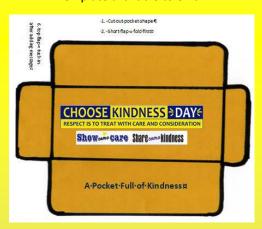
Free delivery can be arranged



The reverse side of the card provides a space to write your kind message and share with a customer, work colleague, family member neighbour or even for your own pocket.

## A POCKET FULL OF KINDNESS

Template available to email



For classes, groups or individuals - then share your message of kindness

Please share your caring messages and acts of kindness on Facebook and tag
@chooserespectbunbury and on Instagram with #chooserespectbunbury #bekindbunbury

The more we can show kindness, the more we can show caring in our community, the more it invites others to also be kind and caring, and that helps grow a culture of respect.