

Boxing & Muay Thai Classes

NEW

With our professional Coaches and qualified personal trainers



Address: Hay Park Grounds, Parade Road
Bunbury 6230

Phone: 9795 8690

Email: bunburypcyc@wapcyc.com.au

Bookings essential!



MUAY THAI

Tuesdays

- **Ages 8 to 14**
4.30 – 5.30pm
- **Ages 15+**
5.30 – 6.30pm

Introducing Kylie Stark with 4 years experience Muay Thai fighting and 3 years coaching

Cost \$10 per class



BOXING

Wednesdays

- **Ages 15+**
5.30 – 6.30pm

With Brad Humble – 20+ years experience, specialising in strength and fitness

Cost \$10 per class



LADIES BOXING FITNESS

Fridays

- **Ages 13 – 18**
4.00 – 5.00pm
- **Ages 18+**
10.00 – 11.00am

Introducing Mae-Ling Mildwaters who specialises in women's health and fitness

Cost \$10 per class



Mouthguard required for all classes



Due to COVID-19 health regulations, please bring own gloves and inners.