

Shire of Capel

MEN'S NIGHT

Men 15 and over

29 November

Dalyellup
Community
Centre

6pm - 8pm

FREE EVENT!

Food and drink provided!

*...before it all gets
too much...Talk To A Mate!*

For more information and to RSVP go to:
library.capel.wa.gov.au/events/mens-night

Special Guest Speakers

Grant Westthorp

Men's Resource Centre

*"Key elements of
wellbeing"*

Terry Melrose

Regional Men's Health

*"Distress and why
mental health matters."*

Discover the
FREE Well Man app!

