



WiringKids in partnership with your community present:

## Building Strong Resilient Children

There are many pieces to the jigsaw puzzle called "resilience" - from having positive self talk, expressing emotions and using positive self calming techniques.

This workshop discusses:

- the different factors contributing to resilience;
- practical tips and strategies to help build resilient, strong children.

Come and share your successes and challenges at the workshop, details below.

<b>DATE:</b>	<b>Wednesday 5 September 2018</b>
<b>TIME:</b>	09:15 am to 11:15 am
<b>VENUE:</b>	Yarloop Primary School 22 School Rd, Yarloop, WA, 6218
<b>RSVP:</b>	Call Reception on 9733 5076

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