



WiringKids in partnership with your community present:

Fears, Worries and Anxiety

Children aged up to 10 years

Most children grow out of worries and fears and there are typical fears at different ages and stages. Some fearful reactions can be considered adaptive - they keep us alert in dangerous situations - and some moderate anxiety can enhance performance.

However there is a point at which fears, worries and anxiety can interfere with social, emotional and/or academic development - at which point a professional may diagnose an anxiety disorder. This workshop provides practical tips and strategies to help ease your child's developmental fears and worries.

DATE: Thursday 6 September 2018
TIME: 9.30 am to 11.30 am
VENUE: Harvey Recovery Centre Meeting Room
1 Becher Road, Harvey, WA, 6218
RSVP: Harvey Primary School Reception on 9782 3200

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