

## **Ever thought about foster caring or what a foster carer does?**

### **A foster carer:**

- Provides children and young people with a safe, secure, nurturing and stable family environment
- Meets the daily needs of children and young people in care, make sure they get to school, have their medical and other health needs met and advocate on their behalf in order to secure support services for them, such as counselling
- Supports the connection between children/young people and their families and communities
- Works as part of a team to meet children and young people's support needs and placement goals
- Is open to working with MacKillop staff to provide and receive feedback in an effective way

### **Foster Carers need to be able to:**

- Respond to grief and loss
- Understand the impact of trauma on children- look at why a child might be behaving a certain way and respond
- Set boundaries and have a range of appropriate behaviour management strategies
- Provide stability and routine
- Support the child's family and community connections
- Listen
- Continue to give time to their own family and look after themselves
- Work as part of a carer team
- Participate in on-going training

## **Contact information**

Find out more information by emailing or calling us on:

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