

K4K AFL Football Academy 2-day Training Camp

- ✓ Develop your game to get the best out of yourself and get ahead of the rest.
- ✓ Work hard with highly experience and qualified coaches to reach your full potential.
- ✓ Learn about why fitness, hydration, nutrition and discipline are so important for maximum performance.



Who:
7 – 15 year olds

Where:
**BBC Sports Pavilion,
Rodstead St, Bunbury**

When:
**9am - 1pm
Monday 2 & Tuesday 3
October**

Training provider:
K4K AFL Football Academy

Cost:
\$120

Learn under the guidance of Talent Scout, **Rod Willet**
Contact Academy co-ordinator **Scott Sarre** on
0400406237 or **scott@sreservices.com.au**

**Book your
place now!**

Individual testing
and reports

Innovative and
structured training drills

One-on-one video analysis
and playback sessions

Reach your goals and get
ahead of the rest