



**Dolly Bhargava and Enable WA
Present**

Achieving Practical Positive Solutions Workshop Series
To Enhance the Lives of the People We Support



ENABLE WA are dedicated to creating **support mechanisms** which empower people, giving them the opportunity to build a life of their choice – a life filled with the same adventures, challenges, joys and love that we may take for granted. Because a 'typical life' is not a privilege – it is a right.

Dolly Bhargava is a Speech Pathologist with a Masters in Special Education. She has 17 years of experience in providing positive, realistic and productive solutions to individuals with a range of disabilities in early childhood, school, family homes, prisons, accommodation and community settings. She has authored and developed a number of insightful books and apps, including America's National Parenting Publications Award Winner 'Taking CHARGE of my Rainbow of Emotions'. She has recently developed an innovative App and Book Series, 'Behaviour Zen'. Behaviour Zen aims to systematically guide educators, parents and professionals to assess- prevent- manage challenging emotional and behavioural responses in individuals with Anxiety Disorders, Conduct Disorder, Autism Spectrum Disorder, Oppositional Defiant Disorder and Attention Deficit Hyperactivity Disorder. Please visit www.behaviourzen.com www.dollybhargava.com

So come along to hear a range of practical and interactive workshops that provide an expert blend of information, skills and strategies that will educate, empower and enable you to be the **CHANGE** in the lives of the individuals you support.

Workshop Title (Tick)	When?	These practical and interactive workshops will address the following:
Supporting individuals with Autism Spectrum Disorder <input type="checkbox"/> \$220 (inc GST)	28 th of Aug 2017 9:15am – 2:45pm	-Social, emotional, motor, cognitive, sensory, communication needs of individuals with Autism -Strategies to address the needs and -Develop their skills at school, home and in the community
Developing Emotional Regulation Skills in Individuals with Anxious, Oppositional and Aggressive behaviours <input type="checkbox"/> \$220 (inc GST)	29 th of August 9:15am – 2:45pm	-Development of emotions -Understanding anxious, oppositional and aggressive behaviour -Effectively responding to anxious, oppositional & aggressive behaviour -Developing emotional regulation skills at school, home and community
Assessing, Preventing and Managing Challenging Behaviour <input type="checkbox"/> \$220 (inc GST)	30 th of August 9:15am – 2:45pm	-Causes of challenging behaviours -Internalised and externalised challenging behaviours -Utilising the positive behaviour support framework to identify proactive, active and reactive strategies for school, home and community
Teaching students affected by trauma <input type="checkbox"/> \$220 (inc GST)	31 st of Aug 9:15am – 2:45pm	-Types of trauma -Impact of trauma on development and learning -Strategies to promote a sense of safety, build trust and address learning needs of children impacted by trauma.

Registration Information

Who? Parents, Educators, Disability Staff and Professionals
Where? ENABLE WA, 104 Beach Road, Bunbury WA 6230
Register Email form to qualitycommunication1@gmail.com or call 0423 293 254

Participant Name: _____

Organisation Name: _____

Email Address: _____ **Phone Number:** _____

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Behaviour Zen Pty Ltd
1 Jubilee Street,
South Perth WA 6151

Credit Card Payment

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