

PERFECT **EXCURSION**

CREATE THE

CREATING POSSIBILITIES FOR YOUTH AND COMMUNITY

SCHOOL PROGRAMS - SPORTS CLUBS - YOUTH GROUPS

Now tailoring packages to suit your needs. Your group session can include any combination of the below classes, for on-going programs, or a "one off" experience.

GRAVITY FITZ

½ or 1 hour. Our qualified fitness instructor will help your group work off their energy with an invigorating rebound and strength fitness class, and finish with stretching.

Tailored to suit participant age, 6 yrs right up to adult.

GRAVITY TECH

½ or 1 hour. Learn the basics of trampolining form and technique with our qualified coaches, (sorry - no "tricks") with a certificate at the end of your sports term. A great work out in a controlled and safe environment.







GRAVITY JUMP

A ½ or 1 hour general jump session, which can include team building activities and games to suit all age groups.

GRAVITY PRESENTS

30 minute presentations on youth related topics by local speakers with a passion for empowering youth.

Topics include: Taking action, motivation, suicide prevention, power of a positive attitude, bullying, drug awareness. Combine with 30 minutes of Gravity Fitz or Gravity Tech.

GRAVITY LIT

Adapted to suit the audience age, this 30 minute guided mediation helps youth stay balanced and empowered and is a great relaxation and esteem building tool. Developed for youth and presented by Heather Jean from "The Magic Of You". With over 15 years experience, we are excited to have Heather in the South West to assist with our youth and adult programs.

Incorporate with a Gravity Fitz class – for a fantastic stress release for teens, ATAR student groups, or a self esteem boost for young rebels. Your group will leave feeling energised in body, mind and soul.

GRAVITY GROOVE

The talented and inspiring instructors from South West Urban Movement will lead your group in a 30 minute hip hop session – youth expression thru hip hop dance and culture, and a heap of fun!

CONTACT US TO FIND OUT MORE



Gravity ETC now offer an awesome range of group activities perfect for any occasion.

Get in touch to find out more.



CORPORATE EVENTS · SPECIAL OCCASIONS · SCHOOL GROUPS · FUNDRAISERS

Tailoring packages to suit your needs

GRAVITY CORPORATE

Tailor your next work function or meeting with team building, fitness, meditation, hip hop, local speakers, or general jumping, allow enough time to utilise our meeting room or mezzanine level for your speeches.

(See over for some package options, or contact us and describe what you're after).

SPORTS GROUPS

Amp up your training with a Gravity FIT class, or balance out with a combined meditation class, organise your own fundraiser, or book out the facility for your end of season event.

(See over for some package options, or contact us and describe what you're after)

SCHOOL GROUPS, YOUTH CLUBS

See over.

GRAVITY FUNDRAISERS

Perfect for any P & C, sporting group or individual, community, school, or charity fundraising.

We supply the venue, the music, the staff, games, some prizes, and a great atmosphere, you supply the schedule, and are in control of the event.

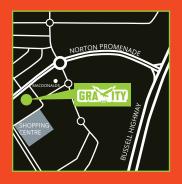
Together, we promote your cause, and \$5 from every jumper on the night, is donated back to your charity or cause.

GRAVITY GROUP ROOMS

Utilise our rooms during off peak times, it's ideal for community groups, youth groups, corporate meetings and sports groups. Can be booked as part of a package, or booked stand-alone.

YES! We can provide catering, drinks, and delicious barista made coffees.

CONTACT US TO FIND OUT MORE



43 Norton Promenade, Dalyellup (off Bussell Hwy)

5 mins from Bunbury 20 mins from Busselton gravityetc.com.au

Email us at **explore@gravityetc.com.au** or call us on **08 9707 3813** to discuss your group or function needs, and availability.