

Positive Body Image



To be given away on the day:

- 1 Signed copy of Taryn Brumfitt's book—'Embrace'
- Movie ticket to the screening on 21st September
- Heaps of other giveaways

This valuable
workshop is
presented by

Heather Lowndes

Registered Psychologist

A Workshop for any Woman including Mothers of Daughters

Starting: Thursday September 8th

Limited places available

Time: 9:30 to 2:30

Cost: \$25 for the workshop inc morning tea

Please bring a plate to share for lunch

Details: South West Women's Health Centre
Plaza Street (in Transportable)

Further information and to book in please

Contact Marg on 9791 3350

