

Positive Mental Health & Wellbeing in Young People



Are you the parent of a young person and want to be able to have the tools to support them during adolescence?

Headspace Bunbury are presenting a free Live & Learn session that will help you recognise the changes in young people, become aware of their mental health, how to spot warning signs and where to find support and help.

Thursday 21st July 2016

5:30pm - 6:30pm

Bunbury Public Library

BOOKINGS:

www.bunbury.wa.gov.au/library

9792 7190



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LIBRARIES