

Invitation

'Standard Drink' Education Session

Local volunteer group, Bunbury-Districts LDAG (BD-LDAG) extend an invitation to all community members to this brief health-promotion session where basic information regarding the standard alcohol measurement (standard drinks) will be the focus.

All participants will receive a bag and a 'standard drink' glass to take away. 'Train-the-trainer' sessions can be booked for a future date. For more information please call or text Jeni at 0416582813. **PLEASE SHARE!**

WHERE:	Hudson Road Family Centre
DATE:	Thursday 3rd March 2016
TIME:	6:30-7:30PM.
COST:	Free